

TO BE COMPLETED ONLY BY THE VOLUNTEER CANDIDATE

If you are interested in our European Solidarity Corps project, please complete this application form and send it back to your sending organisation. Please reply to all questions honestly and support your answers with your personal experience. Attach your CV and a Motivation Letter connected to the ASHA 'Volunteer for Change' Project. Thank you and good luck with the selection process.

First name/s:	
Surname/s:	
Gender:	
Age:	
Date and Place of birth:	
Country of residence:	
Home Address:	
Mobile Number:	
E-mail:	
Facebook:	
Skype:	
Participant ID number: ¹	
<p>PERSON TO CONTACT IN EMERGENCY Full name of the contact and relationship: Phone numbers and email of the contact:</p>	

¹ The volunteer will need to sign into the European Youth Portal (PASS)

ESC APPLICATION FORM – ‘Volunteer for Change’ 13th edition

- What do you know about the ASHA Centre and its ethos? How do you relate to it?
- What attracts you to this ESC project in particular?
- What do you want to learn specifically during your voluntary service?

If you get selected for this project, you will consciously COMMIT to a ten-month long-term volunteering placement, living and working in an intercultural community of a highly sociable nature. You will share a big house in a rural setting with staff and other volunteers where you will need to be mindful of personal and common space.

- How does that make you feel?
- What do you think will be your greatest challenges?
- Are you interested in taking part in community life (e.g. artistic and cultural gatherings, evening and weekend activities at the ASHA Centre, pub nights, local engagement)?
- Gardening, cooking, cleaning, food shopping, hosting international guests will be your main tasks and responsibilities as a volunteer – How do you think these areas of work could bring you fulfillment and happiness?

Personal information:

- Do you have hobbies, practice sports, play a musical instrument any other activities that you would like to share with us?
- How would you describe your personality (strengths and limitations)?

For the following questions, please be totally honest:

- Are you allergic to any type of food? What is your diet?
- Are you a smoker?
- Are you dependent to any recreational drugs (i.e. tobacco, alcohol and others considered legal or illegal)? If so, please describe.
- Do you have any current or past medical/ mental/ emotional/ physical condition? Please tick any relevant box.
 - Eating disorders
 - Anxiety
 - Drug addiction
 - Depression
 - Bipolar
 - Other (please specify)
- Do you have any special needs or requests?

Finally:

- In your own words please define 'What is a volunteer?'
- Why is volunteering important for you?

THANK YOU FOR YOUR COOPERATION