

**In the framework of the Erasmus+  
KA1 Mobility project for VET learners and staff**

**18/05/2018 - 22/07/2018**

**2017-1-ES01-KA103-035606**

**2017-1-ES01-KA103-035273**

**2017-1-ES01-KA103-036946**



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The team of the **Associazione Art. Cult. "A Rocca"** and **EProjectConsult** International department took the role of intermediary partner for group of 4 people from Barcelona, Spain in the frame of Erasmus+ programme. The internships were in the field of the Kindergarten, Dietetics, Automotive, Dentist (Dental hygiene). The participants gained experience in the field of their studies and became acquainted with the traditional Italian and Sicilian techniques. The project was from 18/05/2018 to 22/07/2018.



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## Preparation of the mobility project

In order to make the cooperation between both organizations effective, guarantee the best quality project and to satisfy the participant's expectations and needs, we have designed the program of the project together. We have exchanged e-mails in order to discuss the aims of the project, to develop the plan of activities and to clarify any doubts.

## Arrival of the participants

The group of participants arrived 22/05/2018 at the airport of Palermo. The "A Rocca" organization provided the transfer from the airport to the participant's accommodations in Barcellona Pozzo di Gotto town.

On the next day of their arrival they had an informative welcome meeting, designed to give the participants useful information they require during their stay in Sicily. Firstly, they had the introduction to the program in general. The tutor informed the trainees about the organization and described the work activities, obligations and tasks they will be involved in during the project. Next, they were provided with the plan of the city and were acquainted with all the hospitalities of Barcellona P.G. and the nearby towns.

The next informative session was dedicated to the cultural aspects of their life in Sicily: the work style in Italy, rules to follow, behaviour and other cultural information was given to the participants. The "Help me" card with useful numbers and phrases in Italian as well as a leaflet with all the useful information they may need (address, rules, tips, etc.) during their stay was distributed.



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## Accommodation of the participants

The Participants were accommodated in 1 different flats in Barcellona Pozzo di Gotto. Barcellona P.G is located on the north coast of Sicily. It belongs to the Province of Messina. The city proper has a population of over 45,000 inhabitants. The strategic location is surrounded by many wonderful cities: Messina 45 km; Palermo 180 km; Catania 180 km; Taormina 80 km; Agrigento 200 km; Aeolian Islands 20 km. Barcellona P.G. is a very nice town, located very close to the seaside, very busy during the day and very calm during the night time. Moreover, there are many interesting places to visit, such as natural parks, museums, ancient villages and Greek/Roman historical areas.

The flats for participants were fully equipped (including kitchenware, washing machine, bed covers etc.) and well located in the city center. The participants were living in the following locations:

Via Arcodaci

They were placed in individual and double rooms.



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## Placement Details

The subject of the placement for the participants was Kindergarten, Dietetics, Automotive, Dentist (Dental hygiene). The interns had the opportunity to learn skills needed for a future professional career in this field. The internships were located in city Barcellona Pozzo di Gotto in the following companies:



**Company:** Disco Ludy

**Address:** Via Ettore Maiorana 14, 9805

**Company:** Roberta Biondo

**Address:** Via Kennedy 88, 98051

**Company:** Mita Nunzio

**Address:** Via UργοSant Onofrio 57, 98051

**Company:** Centro Medico Dentistico La Spada s.a.s & C

**Address:** Via Caduti Sul lavoro 25, 98051



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## Skills and professional competences acquired:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the field related.
- Establishing and maintaining interpersonal relationships: learning the development of constructive and cooperative working relationships with others.
- Developing specialized Italian language skills.
- Critical Thinking: Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to different problems.
- Understanding the implications of new information for both current and future problem-solving and decision-making.
- Developing social perspectives and being aware of reactions of other co-workers and supervisors.
- Giving full attention to what other people are saying and taking the time to understand the points being made.
- Interacting effectively in an international environment and make use of foreign language skills

## Job duties, skills, and professional competences acquired:

### Car mechanic sector:

- Selecting the repairing processes by interpreting technical information in manuals and catalogues.
- Inspecting machines, engines, transmissions etc. and running diagnostic tests to discover functionality issues
- Locating faults in mechanical, hydraulic, pneumatic and electrical-electronic vehicle systems by using appropriate tools and equipment
- Cleaning and applying lubricants to machinery components
- Replenishing fluids and components of engines and machinery
- Keeping log of the work done and reporting arising issues and problems
- Undertaking any other duties assigned (e.g. repairing hydraulic systems, painting vehicles etc.)



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### Dental assistant:

- o Create and modify appointments.
- o Using the file users in the adequate support.
- o Checking the level of stocks of material.
- o Functional testing of the dental equipment.
- o Selection of instruments and materials depending on the intervention planned.
- o Oral cavity explorations.
- o Logging data obtained from the clinical history.
- o Cleaning, disinfection and sterilization of the instruments respecting the manipulation and control of pollution rules.

### Dietetics

- o Providing health advice and promoting healthy eating.
- o Advising about special diets.
- o Educate and advise patients with diet-related disorders on the practical ways in which they can improve their health by adopting healthier eating habits.
- o Establishing and addressing key health needs.
- o Helping to facilitate dietary changes.
- o Working as part of a multidisciplinary team.
- o Supporting the work of other healthcare professionals.



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## Kindergarten

- Organize learning material and resources
- Assist in providing individual and small-group instruction in order to adapt the curriculum to the needs of pupils' intellectual abilities.
- Assist in establishing and maintaining standards of student behavior.
- Prepare instructional materials
- Assist the teacher in creating an environment that is conducive to learning and appropriate to the maturity and interests of the students.
- Provide escort and assistance to children as necessary.
- Collect and display suitable material for educational displays; prepare displays.
- Take all necessary and reasonable precautions to protect students, equipment, materials, and facilities.
- Assist in implementing all policies and rules governing student life and conduct.

## CULTURAL PROGRAM

### Etna and Taormina 27/05/2018



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**Mount Etna** is an active stratovolcano on the east coast of Sicily, in the Province of Catania. It is the tallest active volcano on the European continent and is by far the largest of the three active volcanoes in Italy. Mount Etna is one of the most active volcanoes in the world and is in an almost constant state of activity. The fertile volcanic soils support extensive agriculture, with vineyards and orchards spread across the lower slopes of the mountain and the broad Plain of Catania to the south. Due to its history of recent activity and nearby population, Mount Etna has been designated a Decade Volcano by the United Nations. In June 2013, it was added to the list of UNESCO World Heritage Sites.

**Taormina** was the next stop on the excursion. As soon as the group arrived in Taormina, they felt the magical, mythical atmosphere that has enchanted visitors from all over the world for years. Settled on a hill of the Monte Tauro, Taormina dominates two grand, sweeping bays below and on the southern side, the top of Mount Etna, often capped with snow, offering to the visitors a breath taking, dramatic and memorable view. Taormina is a medieval village perched alongside the steep terrain jutting out of the ocean. While it has kept its medieval character, it is now a shopper's paradise. Near the top of Taormina Village is a wonderfully preserved Greek Theatre. This pretty much sums up Taormina's charm. There is something for everyone; great shopping, wonderful restaurants, Roman ruins, medieval pedestrian streets and even stairs to a great beach.

### **Syracuse & Noto: 24/06/2018**



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**Syracuse** is a historic city in Sicily, the capital of the province of Syracuse. The city is notable for its rich Greek history, culture, amphitheaters, architecture. Since 2005, the entire city of Syracuse, along with the Necropolis of Pantalica which falls within the province of Syracuse, was listed as a World Heritage Site by UNESCO. After Syracuse the group continued their day to **Noto**, a city and commune in the Province of Syracuse. In 2002, Noto and its church were declared a UNESCO World Heritage Site. Noto is famous for its fine buildings of the early 18th century, considered among the main masterpieces in the Sicilian baroque style. It is a place of many religious buildings; there are several palaces. In this territory there are many wine producers, not big in terms of quantity but great in terms of quality.

### Castroreale and Jalari Park Museum 7/8/2018



**Castroreale** is a very cute small town in the mountains near Barcellona, with less than 3000 inhabitants but over 80 churches. Some parts of the city dates back to the early 13th century. The name of the town comes from Latin, meaning “royal fortress”, referring to the castle of unknown origin, reconstructed by Frederick II of Aragon in 1324 (although only one tower remains from the castle to present day). The group visited



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Church Santa Maria Assunta, Piazza Duomo and the main street Corso Umberto I. After the visit to Castoreale the group continued to **Jalari Park Museum**.

The Park Museum "Jalari" is situated on the Peloritan mountains a few kilometers from Barcellona Pozzo di Gotto (ME) extended over 35 hectares (350,000 msq). The park is a land of artistic sculptures and wonders. Unlike traditional museums, Jalari's 15,000 finds are placed in the 42 artisan shops with the aim to recreate faithfully the atmosphere that one's transpired there.



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## Evaluation of the project

The evaluation of the project is excellent. Employees of the “A Rocca” Association and persons involved in this project hope it was a rich and useful experience for all the participants. The monitoring team did its best in order to satisfy the expectations of each participant and to ensure the communication with the sending organization at each stage of the project. In order to reach this, there were two days of evaluation - one in the middle of the project and the other at the final day.

Participants had a chance to see the way of working in Sicily. Certainly, they had an opportunity to get to know a lot of useful information about the functioning of Sicilian enterprises, which are related to Kindergarten, Dietetics, Automotive, Dentist (Dental hygiene). Those participants who had a previous experience in those fields also could compare all the similarities and differences of these related enterprises in Sicily and Spain. All participants gained worthy experience in working in a team, cooperating with colleagues and individually working in accordance with each candidates individual skills.

At the end of the project, participants received “**A Rocca placement certificate**”.

Most importantly the participants gained professionally experience in their sector, and they will now be more competitive in the labour market Spain.



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## Conclusion

Our monitoring team did its best in order to satisfy the expectations of each participant. We were always ready to offer help, advice and solve any doubts with our guaranteed 24-hour availability; in any case they needed some assistance. Consequently, the participants seemed to be satisfied with this project. According to their opinion, it was an interesting and useful experience. We hope they found inspiration and got new ideas about how to deal with their future career in their country. We are satisfied because due to their participation in the programme, the participants have enriched their professional experiences. Moreover, participants had the opportunity to explore new horizons by fully integrating in Sicilian culture and meeting many new friends from Italy and from the other parts of world. In addition, the whole group of participants became good friends, and can still meet each other after the project and exchange their experiences.

Our team is very satisfied with the participant's involvement in the project and personal interest of each person involved. We hope we can continue our cooperation.



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