

**In the framework of the Erasmus+  
KA1 Mobility project for VET learners and staff**

**18/03/2018 - 17/06/2018**

**2017-1-ES01-KA103-037107**

**"Aragón en Europa"**



**Associazione Artistica Culturale "A Rocca" – C.F. 90013330833**

Via TCP Arcodaci N°48 – Barcellona Pozzo di Gotto – 98051 – Messina – Sicily – Italy

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The team of the **Associazione Art. Cult. "A Rocca"** and **EProjectConsult** International department took the role of intermediary partner for group of people from Aragón, Spain in the frame of Erasmus+ programme. During the project named "**Aragón en Europa**" we hosted 6 selected participants. The internships were in the field of Dental Prosthetist, Administration, IT and Renewable Energy.

The participants gained experience in the field of their studies and became acquainted with the traditional Italian and Sicilian techniques. The project was from 18/03/2018 to 17/06/2018.



## Preparation of the mobility project

In order to make the cooperation between both organizations effective, guarantee the best quality project and to satisfy the participant's expectations and needs, we have designed the program of the project together. We have exchanged e-mails in order to discuss the aims of the project, to develop the plan of activities and to clarify any doubts.



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## Arrival of the participants

The group of participants arrived 18/03/2018 at the airport of Catania Fontanarossa. The “A Rocca” organization provided the transfer from the airport to the participant’s accommodations in Barcellona Pozzo di Gotto town.

On the next day of their arrival they had an informative welcome meeting, designed to give the participants useful information they require during their stay in Sicily. Firstly, they had the introduction to the program in general. The tutor informed the trainees about the organization and described the work activities, obligations and tasks they will be involved in during the project. Next, they were provided with the plan of the city and were acquainted with all the hospitalities of Barcellona P.G. and the nearby towns.

The next informative session was dedicated to the cultural aspects of their life in Sicily: the work style in Italy, rules to follow, behaviour and other cultural information was given to the participants. The “Help me” card with useful numbers and phrases in Italian as well as a leaflet with all the useful information they may need (address, rules, tips, etc.) during their stay was distributed.

## Accommodation of the participants

The Participants were accommodated in a flat in Barcellona Pozzo di Gotto. Barcellona P.G is located on the north coast of Sicily. It belongs to the Province of Messina. The city proper has a population of over 45,000 inhabitants. The strategic location is surrounded by many wonderful cities: Messina 45 km; Palermo 180 km; Catania 180 km; Taormina 80 km; Agrigento 200 km; Aeolian Islands 20 km. Barcellona P.G. is a very nice town, located very close to the seaside, very busy during the day and very calm during the night time. Moreover, there are many interesting places to visit, such as natural parks, museums, ancient villages and Greek/Roman historical areas.

The flat for participants were fully equipped (including kitchenware, washing machine, bed covers etc.) and well located in the city center. The participants were living on the following location:

Via Don Luigi Sturzo 24

They were placed in double rooms.



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## Placement Details

The subject of the placement for the participants was Dental Labour, Administration, IT and Renewable Energy. The interns had the opportunity to learn skills needed for a future professional career in this field. The internships were located in city Barcellona Pozzo di Gotto and Terme Vigliatore in the following companies:

**Company:** Dental Labor di Leonardo Cavallo

**Address:** Via Benedettina Inferiore 83, 98050 Terme Vigliatore (ME)



**Company:** Antonella Tavilla

**Address:** Via Tenente A. Genovese 29, 98051 Barcellona Pozzo di Gotto ME

**Company:** CRINODESIGN

**Address:** Via Torino, 34, 98051 Barcellona Pozzo di Gotto ME



**Company:** Studio Imbesi Domenico

**Address:** Via Marconi 113, 98051 Barcellona Pozzo di Gotto ME

**Company:** Studio Pietrini Veralisa

**Address:** Via TCP Arcodaci 44, 98051 Barcellona Pozzo di Gotto ME



**Company:** Sole e tecnologia (Domenico Gitto)

**Address:** Via Operai 164, 98051 Barcellona Pozzo di Gotto ME

## Skills and professional competences acquired:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the field related.
- Establishing and maintaining interpersonal relationships: learning the development of constructive and cooperative working relationships with others.
- Developing specialized Italian language skills.
- Critical Thinking: Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to different problems.
- Understanding the implications of new information for both current and future problem-solving and decision-making.
- Developing social perspectives and being aware of reactions of other co-workers and supervisors.
- Giving full attention to what other people are saying and taking the time to understand the points being made.
- Interacting effectively in an international environment and make use of foreign language skills

## Job duties, skills, and professional competences acquired:

### Dental Prosthetist:

- Organising the dental prostheses laboratory, relating the different areas of work to the professional activity and to the production process.
- Controlling the storage of materials and equipment, applying management computer techniques.
- Preparing prosthetic products, describing the stages of the process.
- Managing the documentation detailing the file protocols and selecting computer applications.
- Preparing standard operating procedures for the manufacture of dental prostheses, interpreting health regulations.

### IT sector:

- Observing, receiving, and otherwise obtaining information from all relevant sources in the field of IT
- Gaining knowledge about installing and configuring computer systems, diagnosing hardware and software faults and solving technical and application problems, either over the phone or in person
- Learning and using in practice professional IT industry terminology
- Improving communication skills, taking into consideration business etiquette and cultural differences
- Managing effective communication with clients and colleagues.

### Administrative sector:

- Plan meetings and take detailed minutes
- Write and distribute email, correspondence memos, letters, faxes and forms
- Assist in the preparation of regularly scheduled reports
- Develop and maintain a filing system
- Update and maintain office policies and procedures
- Order office supplies and research new deals and suppliers
- Maintain contact lists
- Book travel arrangements
- Submit and reconcile expense reports
- Provide general support to visitors
- Act as the point of contact for internal and external clients
- Understanding and executing daily self-working plan, whilst supporting the team.
- Using basic organization techniques and respect the leader-follower relations.

### Renewable Energy:

- Identifying the organisational structure of the company.
- Interpreting the diagrams for an installation correctly.
- Choosing the equipment to be installed or repaired correctly.
- Identifying the stages of the assembly/maintenance process.
- Using the required material for every stage of the assembly or maintenance process.



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- Interpreting the technical documents of the installations.
- Doing the commissioning and maintenance of the installations.
- Identifying task, time and resources.
- Carrying out the management of spare parts.

## CULTURAL PROGRAM

### Etna and Taormina 27/05/2018



**Mount Etna** is an active stratovolcano on the east coast of Sicily, in the Province of Catania. It is the tallest active volcano on the European continent and is by far the largest of the three active volcanoes in Italy. Mount Etna is one of the most active volcanoes in the world and is in an almost constant state of activity. The fertile volcanic soils support

extensive agriculture, with vineyards and orchards spread across the lower slopes of the mountain and the broad Plain of Catania to the south. Due to its history of recent activity and nearby population, Mount Etna has been designated a Decade Volcano by the United Nations. In June 2013, it was added to the list of UNESCO World Heritage Sites.



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**Taormina** was the next stop on the excursion. As soon as the group arrived in Taormina, they felt the magical, mythical atmosphere that has enchanted visitors from all over the world for years. Settled on a hill of the Monte Tauro, Taormina dominates two grand, sweeping bays below and on the southern side, the top of Mount Etna, often capped with snow, offering to the visitors a breath taking, dramatic and memorable view. Taormina is a medieval village perched alongside the steep terrain jutting out of the ocean. While it has kept its medieval character, it is now a shopper's paradise. Near the top of Taormina Village is a wonderfully preserved Greek Theatre. This pretty much sums up Taormina's charm. There is something for everyone; great shopping, wonderful restaurants, Roman ruins, medieval pedestrian streets and even stairs to a great beach.



### **Aeolian Islands (Lipari and Vulcano) 22/04/18**



Situated just a few kilometers off the coast from Milazzo, the **Aeolian islands** are for sure a must-see place in Sicily. The Aeolian Islands are one of 51 UNESCO World Heritage sites in Italy. The islands form a volcanic archipelago in the Tyrrhenian Sea in the north of Milazzo. The group arrived to the Islands with a small cruise ship. The complex consists of eight islands with Vulcano and Stromboli being still active.



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**Lipari** is the largest of the islands as well as it is the name of the main town. Lipari consists of four main villages: Pianoconte, Quattropani, Acquacalda and Canneto. The island was created due to four volcanic movements. The volcanoes are still considered active. Interestingly, because of its volcanic origin, the island is covered by pumice and obsidian.

**The Volcano** island provides a small sized Etna. There is a possibility to observe numerous volcanic phenomenon's. On the island there is also the possibility to bath in the refreshing and very healthy volcanic mud. You can also climb the approximately 500m high stratovolcano on the islands.

### **Aeolian Islands (Panarea and Stromboli) 6/05/18**

Situated just a few kilometers off the coast from Milazzo, the **Aeolian islands** are for sure a must-see place in Sicily. The Aeolian Islands are one of 51 UNESCO World Heritage sites in Italy. The islands form a volcanic archipelago in the Tyrrhenian Sea in the north of Milazzo. The group arrived to the Islands with a small cruise ship. The complex consists of eight islands with Vulcano and Stromboli being still active.



**Panarea** is the second smallest of the eight

Aeolian Islands and an inactive volcano. There are currently about 280 residents living on the island year-round; however the population increases dramatically in summer with the influx of tourists. There are no cars on the island, only golf carts and Motorino electric bikes. The island really is picture perfect, amazing nature, beautiful white villages with narrow lanes and a wonderful atmosphere.

**Stromboli** was the last stop on the tour, it is an active volcano with small eruptions from time to time. These small eruptions are often visible from the surrounding sea, and this has led to the island receiving its nickname "Lighthouse of the Mediterranean". The group visited the island until sunset, then they departed by boat to admire Stromboli exploding by night. Especially the "Sciara del Fuoco" ("Stream of fire") is amazing in the evening, there you can see the active lava flow.

## Evaluation of the project

The evaluation of the project is excellent. Employees of the “A Rocca” Association and persons involved in this project hope it was a rich and useful experience for all the participants. The monitoring team did its best in order to satisfy the expectations of each participant and to ensure the communication with the sending organization at each stage of the project. In order to reach this, there were two days of evaluation - one in the middle of the project and the other at the final day.

Participants had a chance to see the way of working in Sicily. Certainly, they had an opportunity to get to know a lot of useful information about the functioning of Sicilian enterprises, which are related with administration, Dental Prosthetist, IT and Renewable Energy. Those participants who had a previous experience in those fields also could compare all the similarities and differences of these related enterprises in Sicily and Spain. All participants gained worthy experience in working in a team, cooperating with colleagues and individually working in accordance with each candidates individual skills.

At the end of the project, participants received **“A Rocca placement certificate”** .

Most importantly the participants gained professionally experience in their sector, and they will now be more competitive in the labour market in Spain.



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## Conclusion

Our monitoring team did its best in order to satisfy the expectations of each participant. We were always ready to offer help, advice and solve any doubts with our guaranteed 24-hour availability; in any case they needed some assistance. Consequently, the participants seemed to be satisfied with this project. According to their opinion, it was an interesting and useful experience. We hope they found inspiration and got new ideas about how to deal with their future career in their country. We are satisfied because due to their participation in the programme, the participants have enriched their professional experiences. Moreover, participants had the opportunity to explore new horizons by fully integrating in Sicilian culture and meeting many new friends from Italy and from the other parts of world. In addition, the whole group of participants became good friends, and can still meet each other after the project and exchange their experiences.

Our team is very satisfied with the participant's involvement in the project and personal interest of each person involved. We hope we can continue our cooperation.



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